

UNADDRESSED/UNRESOLVED

BY CHIN YEYIN

All of Us.

Every Human.

Problems unaddressed, desires unresolved.

Diverting feelings cannot be sustained.

Feelings set in motion, stay in motion, and so forth.

In the bottom of my beach bag, sand
from my previous trips remain.

Over a lifetime of this, I now own a personal sandbag of feelings.

Most days, I ignore the weight of it,

Just as I generally function without regard to the

Weight of my physical limbs.

Other days, I can barely arise from my bed for the weight of it.

Meditation is good, but when I return from

peace
chaos.

It impacts me with greater force than when I just swam in it.

People sometimes make comments on the Tai Ji symbol
tattooed on my right hand.

They often point and say with complete ignorance that

Yin and Yan represent

harmony
balance.

To which I reply, with great irritation,

That the Tai Ji symbol also represents

chaos
discord.

Don't you dare forget that!

I am only empty for the sake of
unaddressed problems and unresolved desires.

Keep in mind that we are alike in this way —
and you will not be angered by my anger. | CY